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Abstract

The abstract should be a single paragraph which summarizes the content of the article. The Abstract should not exceed 350 words. Abbreviations that appear once only, should be defined in full, unless they correspond to a gene name. If abbreviations appear more than once, the definition should be provided once, and then subsequently used throughout the abstract. Please do not cite references, figures or tables, website, equations or other graphical elements included.

Keywords

keyword 1; keyword 2; keyword 3; keyword 4 [List at least three but no more than ten pertinent keywords.]

# 1. Introduction [first level heading]

State the objectives of the work and provide an adequate background to clarify why the study was undertaken and what hypotheses were tested, avoiding a detailed literature survey or a summary of the results. The information in this section should always be referenced. Also, use the [numbers] for the references in the full text, e.g., [1] or [5, 6, 7] or [9–11] [Abbreviations should initially be introduced in the abstract and the main text, detailing their full form before usage].

# 2. Literature Review

A Review is a comprehensive overview of a specific hot topic, aligned with addressing the aims and hypotheses through the literature. Often authored by leaders in a particular discipline, reviews are widely read, especially by researchers seeking a thorough introduction to a field, and they are highly cited. Typically, reviews cite approximately 60 primary research articles. Review papers shall have a maximum length of 8,000 words (not including abstract and tables).

Our objective is to assess methods, specifically by evaluating previous instances of the methodological approach while emphasizing fixed ideas. Employing a procedural and critical approach to the literature is beneficial, and it is essential to articulate your conclusions in an engaging manner, framing them as responses to the review questions. Ensure that you provide sufficient information here to elucidate the process through which you guaranteed the comprehensiveness and impartiality of your literature coverage.

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### 2.1.1 Figures [third level heading]

Provide figure images in JPG, TIF format; Color images must be in RGB mode (do not support CMKY mode). The suggested minimum resolution of image is 300 dpi. Figures should be placed in the main text near to the first time they are cited. Also, the legend should be detailed, it is not acceptable to give only one or two lines description of figures.



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### 2.1.2 Tables

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Table 1. This is sample table caption.

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Table footnotes.

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This is the example 1 of equation [fourth level heading]

(1)

the text following an equation need not be a new paragraph. Please punctuate equations as regular text.

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(2)

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*2.2 Units*

* A space should be inserted before measurement units: 17 mL, 17 mol/L, 17 cm.
* Capitalize the letter L in some units: mL, L.
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# 3. Conclusions

This section is mandatory for all submissions. The main conclusions of the study may be presented in a short Conclusions section, which may stand alone or form a subsection of a Discussion or Results and Discussion section.

Abbreviations [optional section]

NIRS, near-infrared spectroscopy; PCA, principal component analysis; PUFAs, polyunsaturated fatty acids; MDA, malondialdehyde; TAG, triglycerides; HPLC, high-performance liquid chromatography; SOD, superoxide dismutase; SEM, scanning electron microscopy; SFE, supercritical fluid extraction; LDF, low-fat diet.

Supplementary Material [optional section]

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Appendix [optional section]

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